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Brosnan re-enlists for the spy game

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Jeff Bridges abides once more with his band

PAGE 15

Islands in the sun

Community. More than 1 million people turned out to take part in the annual West Indian Day Parade that stretches along Eastern Parkway in the heart of Brooklyn. From the creation of the colorful costumes to the de Blasio family's dance routine, Metro takes a peek at the cultural celebration. PAGE 02

Dancers march down Eastern Parkway as part of the West Indian Day Parade on Monday afternoon in Brooklyn. / BESS ADLER, METRO

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Brooklyn parties big for West Indian Day parade

Crown Heights.

The celebration is one of the largest in the city.



The West Indian Day Parade, which celebrates island culture, took place all throughout the Labor Day holiday in Brooklyn. / BESS ADLER, METRO

Brooklyn's Eastern Parkway was packed Monday with an estimated 1 million people showing up to celebrate West Indian culture on Labor Day.

Parade-goers waved flags from countries such as Jamaica and Trinidad, and participants of all cultural backgrounds feasted on traditional foods available on each block of the route that stretched from Eastern Parkway and Schenectady Avenue to Flatbush Avenue.

While grilling Jamaican jerk chicken, 21-year-old Kwame Sparkes said food is a big part of the annual parade because it "brings people together" and "represents all the different regions" of the West Indies.

"It really is a piece of the homeland," Sparkes said. "The parade food gives people a good mix, they can try out everything from different cultures."

Ramona Alexander, a St. Kitts native, said cooking traditional food at the parade makes for an "overwhelming but fun" day in Brooklyn.

Alexander, who has lived in the United States for 30 years, said she used to march when she was younger, but now participates by preparing foods, such as spicy steamed vegetables.

St. Kitts isn't as big as



Visit Metro.us to see more photos from the annual celebration.

countries like Jamaica, Alexander said, so the parade is an important way for her community to come together and to con-

nect with friends.

"I look forward to this day all year," said Zaria Evans, 16, who has been coming to the parade for the past three years. "We're just here to represent our country. My parents are from Jamaica."

Mayor Bill de Blasio and his family kicked off the parade with a dance routine. Brooklyn Borough President Eric Adams served as grand marshal, and many other local and state elected officials and labor groups

Festive anticipation

"I look forward to this day all year."

Zaria Evans

marched in the event.

Before the parade's kick-off, de Blasio said about 4,000 officers would be assigned to the parade route to ensure a safe event.



WENDY JOAN BIDDLECOMBE
Wendy.Biddlecombe@metro.us

Crown Heights

Early morning shootings happened along the parade route

Several shootings were reported in Brooklyn in the early morning hours before the West Indian Day Parade, according to the NYPD.

A 55-year-old man was shot and killed around 3:30 a.m. Monday in Crown Heights, according to police. A suspect is in custody, and the department continues to gather information on other shootings in the area before the parade started.

Later Monday morning, Mayor Bill de Blasio said that there would be extra NYPD on hand to make for a safe event.

The annual parade drew a reported whopping 1.2 million people in 2013.

WENDY JOAN BIDDLECOMBE

Brooklyn

Costume craft goes to the wire

Volunteers worked around the clock through the week-end to put the finishing touches on hundreds of costume pieces that 1199SEIU members wore while marching during Monday's West Indian American Day Parade.

An estimated 100 children and 35 adults were masked for the parade and dressed as jewels, wizards

and dragons, said 1199SEIU Vice President Keith Joseph. "The costumes really make this come alive," said Joseph.

The crafters start getting ready in February, with 10 to 12 volunteers working at any time.

The volunteer costumers worked late into the night at their Snyder Avenue costume shop, off of Flatbush Avenue, to get ready for the parade.

WENDY JOAN BIDDLECOMBE



Costume designers for the SEIU worked until the last minute. / MILES DIXON, METRO

1 NEWS

Today's tweet

"West Indies Day Parade is the most beautiful day in NYC."

@_meher

Top 3

What's trending online at Metro.us

1 VIDEO: Nicki Minaj "fart remix" to "Anaconda" is weird'

2 VIDEO: New Downton Abbey Season 5 trailer released'

3 Top 10 most hipster college campuses'



The number of deaths by heroin overdose has gone up dramatically, according to health department numbers. / GETTY IMAGES

Overdoses on the rise across most of the city

New York. The numbers increased everywhere except for Staten Island.

Health department numbers released on Thursday show more than one person a day in New York City overdoses on an opioid, such as heroin.

From 2010 to 2013, drug overdose deaths in New York increased 41 percent, with 77 percent of those overdoses being from painkillers, methadone, heroin or other opioids.

The number of heroin deaths have doubled in the three-year period studied, according to the NYC Department of Health.

Broken down by borough, the Bronx had the highest rate of opioid deaths in 2013, and Queens saw twice as many overdose deaths between 2012 and 2013.

The health department is crediting a 32 percent drop in opioid deaths on Staten Island to an "aggressive approach" that included educating individuals and health care providers, providing syringe access programs and using naloxone for overdose reversals, according to Health Commissioner Dr. Mary Bassett.

The health department said that it plans to use a similar approach in the Bronx.



WENDY JOAN BIDDLECOMBE
wendy.biddlecombe@metro.us

By the numbers

At least a person a day overdoses on an opioid in the five boroughs, per numbers released by the health department.

- The number of deaths from heroin has seen the

biggest jump.

- The city said that it will try a more aggressive approach, similar to what it's been doing in Staten Island to combat the problem.

Bronx

Three arrested on charges of assaulting off-duty officer

Three men were arrested Saturday after allegedly assaulting an off-duty officer at a Bronx bodega, and the NYPD is looking for three additional suspects.

According to the NYPD, the officer stopped at



Police are still searching for three suspects. / NYPD

the store at 1215 Grand Concourse around 6 a.m. before reporting to work at the 44th Precinct.

While in the store, three men, later identified as Tyrone Selby, 32, Adrian Medina, 17, and a 15-year-old male, started assaulting the officer. After the man identified himself as a police officer, a struggle ensued in which the men removed the cop's firearm.

The 15-year-old fled the store with the gun and was apprehended a short time later. The two other men were detained by the off-duty officer and additional officers who responded to the scene.

The NYPD continues to look for three men who they say initially assaulted the officer, but left when the assault was ongoing.

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Officials blast Texas Senator Ted Cruz after insult to Bronx

New York.

Politicians ripped the senator after he cracked joke about the borough.



Ted Cruz / GETTY IMAGES

Several New York City officials are rushing to defend the Bronx after Texas Sen. Ted Cruz took a swing at the borough during a speech this past weekend.

While speaking to the conservative group Americans For Prosperity on Saturday night, Cruz, a Republican, called out Sen. Charles Schumer for lecturing him on border security.

"I understand that

Manhattan is very concerned with their security with the Bronx, but it's a little bit different on 2,000 miles of the Rio Grande," Cruz told a laughing crowd.

In response, New York City politicians lobbed a

volley of criticism at the first term senator.

New York City Council Speaker Melissa Mark-Viverito called Cruz "pathetic" on Twitter for using "lies and fear-mongering."

Bronx Borough President Ruben Diaz Jr. released a statement telling the senator to "grow up" and that he was "unworthy of the title of United States senator."

NYC comptroller Scott Stringer also took to Twitter, calling Cruz's remarks "ignorant." "NYC is one city, no room for those remarks here," he added.

MELANIE DOSTIS
[@MetroNewYork](mailto:letters@metro.us)
letters@metro.us



Humpback whale plays near the city

A humpback whale was spotted feeding last week less than six miles from New York City. Waters off the city serve as a feeding ground, nursery and migratory corridor for many species of marine life, including whales, dolphins, sharks and fish. / JULIE LARSEN MAHER, WILDLIFE CONSERVATION SOCIETY

Brooklyn

NYPD looking man who tried to strangle woman

The NYPD is looking for a man they say tried to strangle an 88-year-old woman sitting on her Brooklyn stoop on Saturday.

According to police,

the woman was sitting outside her home in the 66th Precinct, which includes Boro Park, Midwood and Kensington, when she was thrown to the ground by a man at 3:45 p.m. The man assaulted her and tried to strangle her with his red hoodie before fleeing on foot.

The victim was taken

to Maimonides Hospital in stable condition, the NYPD said.

The suspect is described as a Hispanic male in his 20s, standing 5-foot-5 and weighing 140 pounds.

Anyone with information is asked to call Crime Stoppers at 800-577-TIPS (8477).

WENDY JOAN BIDDLECOMBE

Apple teaming up with Visa, MasterCard on iPhone wallet

Security. Apple will make paying with your phone easier and safer using its fingerprint reader.

Apple Inc. plans to turn its next iPhone into a mobile wallet through a partnership with major payment networks, banks and retailers, according to a person familiar with the situation.

The agreement includes Visa Inc., MasterCard Inc. and American Express Co. and will be unveiled on Sept. 9 along with the next iPhone, said the person, who asked not to be identified.

The new iPhone will make mobile payment easier by including a near-field communication chip for the first time, the person said. That advancement along with Touch ID, a fingerprint recognition

reader that debuted on the most recent iPhone, will allow consumers to securely pay for items in a store with the touch of a finger.

While companies such as Google have invested in creating ways for phones to make payments in a physical store, U.S. retailers have been slow to adopt the technology, thus limiting the use by shoppers, according to Ben Bajarin, an analyst for Creative Strategies LLC in San Jose, California. That could change

with Apple entering the market because iPhones have the largest market share in the U.S., he said.

"Love it or hate [it], Apple drives a lot of standards in the industry," Bajarin said in an interview. "They are the mover in these markets. When they do something, the industry seems to follow." **BLOOMBERG**



THE TOUCH ID THAT DEBUTED ON THE MOST RECENT IPHONE WILL ALLOW CONSUMERS TO SECURELY PAY FOR ITEMS IN A STORE WITH THE TOUCH OF A FINGER. / METRO PHOTO ILLUSTRATION

Quoted

"It's about retention, solving and adding features that keep your base engaged and keeping them loyal." Bajarin

Television

Detained Americans in N. Korea seek help in CNN interviews

Three U.S. citizens detained in North Korea spoke to CNN on Monday, with one pleading with the United States for help and another describing his situation as "urgent."

Kenneth Bae, who was arrested 18 months ago and sentenced to 15 years hard labor for attempting to bring down the state,

told CNN he was working eight hours a day, six days a week, and was the only inmate at a prison camp staffed by more than 20 officials, including a doctor.

"My health is failing," Bae said.

"I ask the U.S. government and people out there to really put in effort to send somebody, to make it work," he added.

In the past, U.S. citizens held in North Korea have been freed after visits from former presidents Jimmy Carter and Bill Clinton.



A PLACARD CALLING FOR THE RELEASE OF KENNETH BAE

GETTY IMAGES

Tourists Matthew Miller and Jeffrey Fowle, who were arrested this year, told CNN they were being treated well as they awaited imminent trial.

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President Obama notifies Congress of ordering air strikes

Critics. Obama has faced criticism for what many see as indecisiveness in confronting ISIS.

President Barack Obama formally notified Congress on Monday that he had authorized airstrikes and humanitarian air-drops over the weekend in the Iraqi Shi'ite town of Amerli where Islamic State militants had trapped the civilian population.

Iraqi security forces backed by Shi'ite militias on Sunday broke the two-month siege of Amerli and entered the northern town after the U.S. military carried out air strikes on militant positions and delivered emergency supplies to residents there.

Obama said in a letter to congressional leaders he was notifying Congress of his decision under the long-standing War Powers Resolution, which gives presidents authorization for temporary military action. The operation was launched on Saturday.

Obama said "targeted" airstrikes had been needed to deliver humanitarian assistance there and that the operations would be "limited in their scope and duration" as required by the situation on the ground.

When Obama ordered the first airstrikes and air-drops in Iraq in early Au-



Obama chose to broaden the U.S. military role in Iraq. / GETTY IMAGES

Iraq

UN: Islamists driving atrocities

The United Nations agreed on Monday to send investigators to Iraq to examine crimes being committed by Islamic State militants on "an unimaginable scale," with a view to holding perpetrators to account.

"We are facing a terrorist monster," Iraq's human rights minister, Mohammed Shia' Al Sudani, told the U.N. Human Rights Council which adopted a resolution tabled by Iraq and France at an emergency session. **REUTERS**

gust, he justified the military operation in part to prevent a humanitarian catastrophe for thousands of ethnic Yazidis trapped by Islamic State militants on Sinjar mountain in northern Iraq.

In mid-August, he declared that the militant siege there had been broken.

Republicans seized on Obama's comment on Thursday that "we don't have a strategy yet" for dealing with Islamic State.

The White House has insisted that Obama must deliberate carefully before making final decisions on whether to expand U.S. air strikes into Syria, where he has avoided military intervention during three years of civil war.

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OMG! Prehistoric cycling: Artist travels streets of Norway on a dinosaur bicycle he designed

Out of all the retro-looking bicycles whizzing down our urban streets, surely this dinosaur-shaped three-wheeler has the most bite. Norwegian artist Markus Moestue handcrafted a ride to look like a velociraptor using some styrofoam and a kitchen knife, and he cycles around his homeland in what he calls "a protest against the dogmatic religious education of children." Metro chats to the artist behind his peculiar project.

Why did you make this bike?

While I was researching the topic of religion, I came across some images from various theme-parks for children: fun, natural history museums made by Christian creationists. There were images of sculptures of dinosaurs and humans living together, geared to teach children about



Norwegian artist Markus Moestue rides his dinosaur-shaped bicycle. HENNING PEDERSEN



Visit us online at Metro.us/omg for more interviews.

the time when dinosaurs coexisted with humans. I took the bike on a trip across the Bible Belt region of Western and Southern Norway. It was my exam project for the art academy in Bergen. And the idea was to protest against the dogmatic religious education of small

children.

How did you make the one-of-a-kind bicycle?

Firstly I fused together three bicycles. Then I started shaping the dinosaur body out of styrofoam with a sharp kitchen knife. Once the dinosaur had come into its shape, I covered it with several layers of epoxy glue and fiberglass.

How do people react to seeing you ride a dino?

It made them happy and curious. And a lot of people wanted to take pictures and make videos.

Do you have any other creative bike ideas?

I have made some sculptural works with bicycles before. They are fun to work with because they have many moveable parts. Once I built a watermill out of one. **DMITRY BELYAEV, METRO WORLD NEWS**

Study

Pistachios may help reduce diabetes risk

For people who may be headed for type 2 diabetes, regularly eating pistachios might help turn the tide, according to a new trial from Spain.

People with so-called pre-diabetes have blood sugar levels higher than normal but not yet in the diabetes range. If they do nothing, 15 to 30 percent will develop diabetes within five years, according to the U.S. Centers for Disease Control and Prevention.

In the new Spanish study, people with pre-diabetes who ate about two ounces of pistachios daily showed significant drops

in blood sugar and insulin levels and improvements in insulin and glucose processing. Some signs of inflammation also dropped dramatically.

Although the trial specifically involved pistachios, many previous studies have found encouraging evidence that eating nuts may be linked to a lower risk of heart disease and lower cholesterol, the authors write in *Diabetes Care*.

The study team divided 54 pre-diabetic adults into two groups. Both groups were instructed to keep to a calorie-regulated diet with 50 percent of energy from carbohydrates, 35 percent from fat and 15 percent from protein, using provided menus and seasonal recipes. **REUTERS**



A new study from Spain shows benefits of eating pistachios for those at risk of type 2 diabetes. / GETTY IMAGES

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College 101: Roommate basics

Cohabitation.

Establishing ground rules will go a long way.

Freshman year is full of major adjustments for most students, and one of the biggest ones is sharing a dorm room with a virtual stranger for an entire school year.

While it may seem like everyone becomes best friends with their roommates, the reality is much more complicated than that. We reached out to three 20-something authors for their advice for incoming freshmen.

Respect each other's time and space

Priya Krishna is a recent Dartmouth College grad and the author of the book "Ultimate

Dining Hall Hacks: Create Extraordinary Dishes from the Ordinary Ingredients in Your College Meal Plan." She encourages all roommates to do the following:

1 Invest in earplugs — you never know if your roommate snores until they snore.

2 Outline clear rules as they pertain to sharing food/clothes.

3 Establish a schedule for lights out/turning off music at night.

4 Don't be messy — unless you both want to be, in which case, good luck.

5 Let your roommate know when you want to have people over, and make sure it's OK with him or her.

Everyone has quirks

Never gossip about your roommate, even if you aren't getting along. Mary Traina (whose book



Good headphones are a must when you're trying to study. / PHOTODISC

"The 20 Something Guide to Getting it Together" is now on shelves) says roommates should respect each other's differences.

1 "You may immediately love your roommate, which will make cohabiting easy," Traina says. "But there is a chance you just won't have

that much in common, and that is totally fine. Not immediately becoming joined at the hip with your roommate can have some advantages as the semester goes on. You'll have the freedom to do your own thing — study, socialize, watch TV, etc. — without having to take his or her schedule into account."

2 "Don't talk about your roommates behind their backs, even if they insist on wallpapering their side of the room with Avril Lavigne posters. No matter how ridiculous, always say you have no comment on your roommates' quirks and instead focus on their good

Reminder

This is all part of the college experience

"Learning to live with somebody who is basically a complete stranger inevitably teaches you so much about yourself," writes Julie Zeilinger in her book "College 101: A Girl's Guide to Freshman Year." "You learn your limits and the boundaries of your patience, sure, but also self-awareness and the ability to compromise (ideally). At the very least, you get a few interesting stories out of it."

qualities. You have to have your roommates' backs. Whether you like it or not, you share a bond — that you sleep five feet from each other every night," Traina says.



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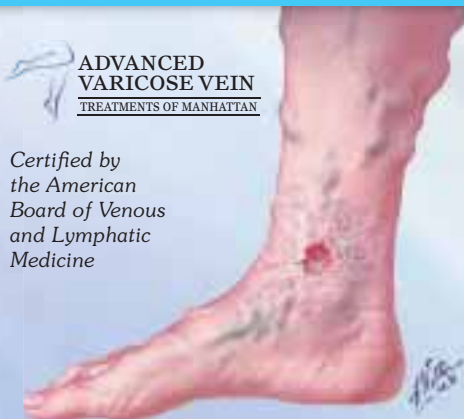
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EDUCATION 10

NYC's students order the most breakfast in US

It should be no surprise that the city that never sleeps is also home to the most students who like to order food in the wee hours of the morning.

A new nationwide survey by the food ordering site GrubHub and the college food site Spoon University found that three of Manhattan's campuses were among the schools that placed the most orders between 6 a.m. and 9 a.m.

Columbia University topped the list, and both Pace University (No. 6) and The New School (No. 9) made the Top 10.

Columbia students also like exploring diverse cuisines, as it ranks first in placing the widest variety of ethnic food orders at any time of day. NYU students also like sampling the dif-



Columbia and NYU students love ordering from the city's diverse restaurants. / FUSE

ferent restaurants that the Village has to offer and came in second on that list.

At Fordham University, students like their protein. They placed the highest

Campus life. A new survey by GrubHub shows that area students start their days early.



LAKSHMI GANDHI
@LakshmiGandhi
lakshmi.gandhi@metro.us

Early risers

These campuses place the most orders between 6 a.m. and 9 a.m.:

- 1 Columbia University
- 2 Cornell University
- 3 Rush University Medical Center
- 4 University of Chicago—Booth School of Business
- 5 University of South Carolina

percentage of meat orders, for any meal, out of all of the campuses studied.

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High school. A medical group says teens need more sleep

As high schoolers head back to class, health experts say it may be time to push back the start of first period.

Parents and students have long complained about the effects of an early start time. It now looks like they have medical research to back that opinion up. The American Academy of Pediatrics recently released a policy statement noting that "insufficient sleep in adolescents [is] an important public health issue that significantly affects the health and safety, as well as the academic success, of our nation's middle and high school students."

While the median start time of the school day is 8 a.m. throughout the country, New York City belongs to the set of school districts that are pushing the start of the day up. The Atlantic reports that some local schools are ringing the opening bell as early as 7:20 a.m. **LAKSHMI GANDHI**



Schools that pushed their start times back saw improved academic performance. / CREATAS

Results

A handful of school districts have pushed back their start times by an hour in recent years. The researchers found that the students affected experienced:

- Less in-class sleepiness
- Fewer tardy arrivals
- Better concentration
- Improved academic performance

How to get rich off your great idea

Money maker.

Napoleon Hill has some tips.

We've all had moments where we're pretty sure we've just thought up the perfect million-dollar business idea. But most of us never take action, so our dreams remain just that. "Think Rich and Grow Rich," by Napoleon Hill, is one of the best-selling books of all time, and Hill has devoted his career to teaching others how to be successful. The author is about to release

a new starter kit to help readers find financial success.

What makes the kit better than the many "get rich quick" books out there is that it's a workbook with actionable steps that can be personalized to each reader. Every chapter is a new step toward securing your riches. For example, one of the chapters requires readers to list people to contact who can help further their ideas. Another chapter focuses on how to sustain faith in your idea, even when it doesn't seem to be go-



President Obama hosted Maker Faire this summer to hear inventors' smart ideas. / GETTY IMAGES

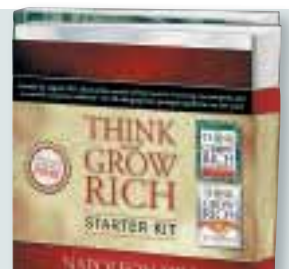
ing anywhere. There is also a lengthy chapter on planning, to ensure follow-through on your goal-making.

With more than 50 exercises and 13 steps, reading "Think Rich and Grow Rich" is not a passive experience. It takes time and commitment — but if you are serious about making money, it could be worth the price of \$29.95. (However, if you're looking to secure your fortune through in-

The kit

Order online

The "Think Rich and Grow Rich Starter Kit" will be released Thursday and can be purchased on Amazon.com.



vesting and not inventing, this might not be the best book for you.)

While making money

is definitely the focus of the starter kit, there is more emphasis than you might expect on personal

fulfillment and happiness that comes outside of being financially successful. Most finance books don't delve too much into a bigger "meaning of life" theme, but Hill makes a point of reminding readers that money cannot provide true happiness, and there are motivational quotes throughout the book with this in mind.



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CULTURE



List

Hacked

The names of more than 100 famous actresses, musicians and athletes were included in a list of purported hacking victims, nude photos of whom circulated online this weekend after a massive image dump. There was one male member on the list, though — sort of — as the final entry on the posting mentioned, “a shot of Alison Brie and Dave Franco.” Some of the other big names on the list include (for more go to Metro.us):

- Rihanna
- Lea Michele
- Selena Gomez
- Lizzy Caplan
- Kim Kardashian
- Mary-Kate Olsen
- Aubrey Plaza
- Jenny McCarthy
- Krysten Ritter
- Vanessa Hudgens
- Brie Larson
- Jessica Brown Findlay
- Yvonne Strahovski
- Hilary Duff
- Wynona Ryder

Creepy hackers release creepy naked celeb photos for the Internet's creeps

It's been a while since there was a celebrity nude photo leak, so some industrious and not-at-all-creepy hackers got together to unleash one doozy of a Labor Day Weekend photo dump, posting images allegedly of more than 100 stars including Kate Upton, Kirsten Dunst, Ariana Grande and Jennifer Lawrence. The images, reportedly culled from iCloud accounts, were initially posted to that bastion of online decency 4Chan before going wide on Twitter. Lawrence, for her part, isn't taking this lying down. “The authorities have been contacted and will prosecute anyone who posts the stolen photos of Jennifer Lawrence,” her publicist says in a statement.

Some of the hacking



victims, such as Grande, singer Victoria Justice and Olympic gymnast McKayla Maroney, were quick to dismiss the risqué images as fakes, but others confirmed their legitimacy. “To those of you looking at photos I took with my husband years ago in the privacy of our home, hope you feel great about yourselves,” Mary Elizabeth Winstead tweeted. “Knowing those photos were deleted long ago, I can only imagine the creepy effort that went

ARIANA GRANDE WANTS TO “BREAK FREE” FROM ALL THIS HACKING DRAMA.

ALL PHOTOS GETTY IMAGES

into this. Feeling for everyone who got hacked.”

When a celebrity's private photos are leaked online, it's easy to jump to the conclusion that they only have themselves to blame, since they took the photo in the first place, but that's a terrible way to look at things. The notion “don't take nude photos of yourself if you don't want them online” both unnecessarily shames the victim of an actual crime — hacking and theft of personal property — and seems to give a pass to the actual criminals in question by leaving the hacker out of the question altogether. Remember, Christopher Chaney was sentenced in 2012 to 10 years in prison for stealing and posting photos of Scarlett Johansson. Ms. Johansson, of course, committed no crime by photographing herself. It's just a shame that so many people need to be reminded of that.

THE WORD

Ned Ehrbar takes on the world of gossip.

NED EHRBAR
@Nedrick
ned.ehrbar@metro.us



Analysis

How to better protect yourself

We spoke with Rik Ferguson, vice president of Security Research at Trend Micro, an information firm, about how the hack might have taken place and what people can do to make their online data safe.

“The celebrities' accounts could have been targeted in several different ways,” says Ferguson. “But the most likely scenario is this one: The hacker already knew the victim's

email address for using iCloud, clicked the ‘I forgot my password’ link, a standard ‘security question,’ like their mother's maiden name, popped up and the hacker answered it.”

These answers aren't hard to find. “The trouble for celebrities is that much of their personal information is not so secret,” says Ferguson. “The attacker could have also accessed their iCloud via their web-mail account, which was perhaps easier to hack.”

ANTHONY JOHNSTON, MWN



Kirsten Dunst

Opinion

Gervais blames the victims

Ricky Gervais was among those quick to admonish victims of the latest hacking scandal, tweeting: “Celebrities, make it harder for hackers to get nude pics of you from your computer by not putting nude pics of yourself on your computer.” The almost immediate backlash to the tweet prompted Gervais to delete it and go on a campaign of clearing up his opinions on the matter.



GERVAIS

Lena Dunham, on the other hand, took a more serious tone. “The ‘don't take naked pics if you don't want them online’ argument is the ‘she was wearing a short skirt’ of the web. Ugh,” she posted.

Talking points

Brangelina want an island for themselves

Following their surprise nuptials, Angelina Jolie and Brad Pitt have taken their brood to Gozo, a small island near Malta, for a working honeymoon to film scenes for their new film, “By the Sea,” while they celebrate their union — and no one else is invited. “A lot of people have agreed to leave the island so they can



The newlyweds are taking privacy to a new, wealthy extreme.

have privacy to film the movie,” a source tells Page Six, adding that the couple has already paid as much as \$200,000 to local business owners to convince them to take a little vacation of their own.

Spears back with controversial ex?

In the wake of her split last week from boyfriend David Lucado, Britney Spears is reportedly reaching out to some question-

able old contacts. Sources tell Radar Online that despite intense supervision from her father, Spears has been secretly texting controversial ex-boyfriend Adnan Ghalib. Spears and Ghalib dated in 2008 before she was placed under a conservatorship. In 2009, her minders obtained a three-year restraining order against Ghalib. “[Her dad] monitors Britney's cell phone, but she found a way to secretly text Adnan,” a source says. “They never really stopped talking.”



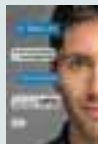
Nev Schulman will be hosting a book reading this Thursday at the Union Square Barnes & Noble at 7 p.m. / ALYSSA LAVINE

Nev Schulman: Your 'In Real Life' love guru

The "Catfish" host has a new book about putting your best self forward — both online and off.

Be aware of your soft spots

"It's not what to look out for in other people. It's what to look out for in yourself. ... Getting catfished isn't about someone being a really good liar or Internet user. It's about being vulnerable and perhaps unsatisfied or insecure, and somebody taking advantage of that."



Don't fake it

"We all have doubts, fears and insecurities in our happiness. When you hide that from other people, you're also kind of hiding it from yourself. If everybody goes around pretending to be the happy, fulfilled version of themselves and ignores the truth about things they're feeling, then we're all participating in the same game of not really connecting in a meaningful way or being open and honest with each other."

Real relationships take work

"I think we all sort of subscribe to this fairy tale version of how love conquers all and how once you find your soulmate everything falls into place. That's just crazy. It doesn't work like that. I think we've become disillusioned that we will find the perfect person now that we have online dating and then it won't take any work and compromise — but it does, no matter what."

If you're looking online, meet as soon as possible

"If you're looking for a relationship, using the Internet is great, but it should just be a means. The trouble is when you go online as a distraction or without any clear intention or specific goal. That's when you get into trouble."



EMILY LAURENCE
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Movies. Meet 2014's new box office overlords

The "Guardians of the Galaxy" misfits reached a new box office stratosphere over Labor Day Weekend, soaring past fellow Marvel hero "Captain America" to become the highest-grossing domestic movie of 2014.

"Guardians" rang up

\$22.2 million in U.S. and Canadian ticket sales from Friday through Monday, topping weekend charts for the third time since its Aug. 1 debut, according to estimates from tracking firm Rentrak. Total domestic sales climbed to \$280.5 million, surpassing

the \$259.8 million earned by April release, "Captain America: The Winter Soldier."

Giant robot sequel "Transformers: Age of Extinction," which had a June 27 opening, reigns as the year's top-grossing film worldwide with more

than \$1 billion in sales, including a domestic haul of \$244.3 million, according to BoxOfficeMojo.com

Elsewhere, "Teenage Mutant Ninja Turtles" took the No. 2 slot, collecting \$15.7 million at North American theaters through Sunday. **REUTERS**



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Pierce Brosnan: Back in action

Interview. The last James Bond was happy to return to blowing stuff up in "The November Man."

Speaking about his new action-thriller "The November Man," Pierce Brosnan is more than eager to talk about the challenges of playing a very different kind of spy. The Irish actor is not only the star, he's also the executive producer of the film — and he was determined to make sure his work as rogue ex-CIA man Peter Deveraux was grittier, grimmer and very different from his past outings in the cloak-and-dagger field.

You've been doing comedies lately, including "The Love Punch" and "A Long Way Down." What convinced you to make a return to the action and spy genres?

It just seemed like fertile ground — if not now, when? I had my days as James Bond, and they were glorious and wonderful and productive. We brought [Bond] back after six dormant years ... so it was invigorating to be a



Pierce Brosnan hits the streets with Olga Kurylenko in "The November Man." / ALEKSANDAR LETIC



PIERCE BROSNAN RETURNS TO THE ACTION GENRE WITH "THE NOVEMBER MAN." GETTY IMAGES

part of it. Then when the curtain fell — surprisingly and unexpectedly, while I was looking the other way, it was just over. And I had a certain void, a vacuum. So when we set sail in developing "The November Man," it just seemed to hit now with the geopolitical happenings going on.

You talk about your earlier work in the espionage genre, but there was never a scene in your older films where Mr. Bond, like Deveraux does in this film, mortally wounds an innocent girl so he can delay his enemies and better make his getaway. Was

Made by hand

Real old school

In an age of CGI, is it nice to take part in an action film that's about real car chases, real explosions, real effects?

Well, it worked for us. ... We knew we weren't going to have this monolithic graphic overture of CGI or anything like that. It's a hand-made, hand-wrought film, and everything's in-camera. And that was the pleasure of it — to be in the streets, to make a movie that was tangible and real and to be blowing stuff up in the streets.

that scene important to establish Deveraux as that dangerous, that driven?

Well, it's a shocking act, on paper and on screen. It's one that, really, you roll the dice on and you hope that you don't disconnect with your audience. But I think that the story, by that stage, you already know that anything can happen — and it does in the most graphic way. I love that scene. I think it's something that defines the character, that keeps the audience off-center.

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"The Dude" talks singing, songwriting and the human condition.

Shortly after playing the tragic country music hero Bad Blake in the film "Crazy Heart," Jeff Bridges presented a stellar self-titled country/folk album. Then he teamed up with producer T Bone Burnett and proved he has even more to offer: Having somehow found time with his film schedule to tour, his band, The Abiders hit the road.

Was music something you did before movies, and did you ever have to choose between movies and music?

I've been playing since I was 13 or 14, and as far as a time when I wondered if I wanted to go into that, I seriously questioned and asked myself whether acting was going to be my path. And as I grew older it became the path of least resistance. I have a little studio and I like writing music and playing with my friends.



Jeff Bridges and The Abiders play City Winery (155 Varick St.) tonight. For more info visit www.citywinery.com/newyork. / GETTY IMAGES

Q&A JEFF BRIDGES: STILL ABIDING

You'll always have this place in people's heart as The Dude from 'The Big Lebowski.' That could get old for you, but then your band is called the Abiders — 'The Dude abides' being one of the most quoted lines from this highly quoted film. Do you feel that you relish the film's cult status? [Laughs.] Yeah, I'm very proud to be part of that film. It's a wonderful movie. It would be one of my very favorites even if I wasn't in that film. The

Coen brothers ... they're nasty.

What are your true feelings about the band The Eagles? Do you really 'hate the f—ing Eagles,' as that famous quote from 'The Big Lebowski' goes? That's not me; that's The Dude, man. I ran into those guys at a party and those guys gave me a lot of s—. I said, "Don't take it personally, man. It's a movie, man." The Eagles are fine. I dig Creedence, too.

Bonus question

Country feedback

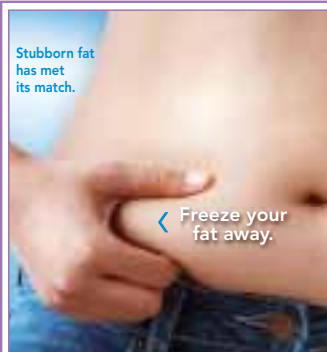
With film, it's almost like you put it in the oven and see what develops. With music, you get an immediate response. What do you like about each? Do you prefer one over the other?

In a way, I look at performing sort of like doing an improvisation with the audience ... like we're working on something together. If the audience enjoys the music it makes me enjoy it more, and vice-versa. We feed off each other like that. And that's like working on a scene with somebody.

Because that's my realm, the acting realm; I think of it in those terms. But it is great to get that immediate feedback.



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You can't control the rain in London — but you can find a great cafe to pass the time with Yelp. / GETTY IMAGES



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Google Maps

Sure, this app is a no-brainer in everyday life. But it is worth mentioning that you don't need to buy a map when you're traveling domestically with this handy app. If you're only on Wi-Fi, take screenshots and set the photo as your lock-screen wallpaper.

How to teach your city kid about nature

If you didn't grow up in the city, chances are some of your favorite childhood memories are of camping trips and running around barefoot through the grass. While the city has a rich culture and lots to do, you may fear it's lacking in the nature department. But Sarah Schmidt, a digital and print media editor for the Brooklyn Botanic Garden, ensures that there are plenty of ways to teach your children about wildlife without a country vacation.

"People think of cities as devoid of nature, but we actually have some of the best large parks in the country," she says. The Brooklyn Botanic Garden just released a book called "The Kid's Guide to Exploring Nature," which can help kids and parents discover animals and plant life together. Inside are activity ideas to do once you get to a park, such as what to look for on a scavenger hunt.

"We encourage parents to find ways to really interact with nature with their kids and take a close look at things," she says. "It gives kids an entirely new experience." Schmidt suggests going to a park with specific activities in mind. She has found that kids love collecting things, so searching for leaves or feathers could be one such planned activity.

Things you see every day can present easy teaching moments. "There are actually six different types of pigeons, and they all have different feather patterns," Schmidt says, recalling one of her favorite chapters in "The Kid's



Simple teaching moments are all around. / COLOURBOX

Quoted

"We encourage parents to find ways to really interact with nature with their kids and take a close look at different things. It encourages kids to engage at a different level and gives them an entirely new experience."

Schmidt

Get outside. If you think living in a concrete jungle means denying your kids a childhood full of nature, it's time to think again.



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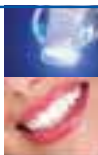
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styles. **Pencil case \$9.50, notebook \$10; Pottery Barn Kids**



Crayola

Washable markers still used to get on kids' clothes, but the latest line from Crayola offers markers with colors that come off with a dab of water. **\$3.99, Target**



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Horoscope

♍ Virgo | Aug. 23-Sept. 22. Someone close to you will cause disappointment. Speak up. Harboring resentment will not solve the problem.

♎ Libra | Sept. 23-Oct. 22. A travel opportunity is presented. Check out locations that you find interesting or that could lead to a lifestyle change.

♏ Scorpio | Oct. 23-Nov. 21. Be resourceful when it comes to impressing people who can help you further your career. Networking will lead to an interesting conversation.

♐ Sagittarius | Nov. 22-Dec. 21. Prepare to face not only your troubles but everyone else's. Don't allow someone's bad mood to get to you.

♑ Capricorn | Dec. 22-Jan. 20. Expect to face some dishonest dealing. Keep your plans a secret to avoid having someone take credit. Don't take sides if an argument breaks out.

♒ Aquarius | Jan. 21-Feb. 18. Your ability to absorb information is the key factor in reaching your goals. Your skills will generate positive attention.

♓ Pisces | Feb. 19-March 20. Don't get drawn into a battle of wills today. Keep a low profile and avoid a situation that could explode in your face.

♈ Aries | March 21-April 20. If you join a variety of groups, you will get to share your feelings with interesting individuals. A day trip will help you gain perspective.

♉ Taurus | April 21-May 21. Moneymaking opportunities are within your reach. An unexpected windfall is apparent. Real estate ventures have potential.

♊ Gemini | May 22-June 20. Don't let a negative person dampen your spirits. Get out and socialize, and see how quickly your mood turns around.

♋ Cancer | June 21-July 22. Participate in activities that are conducive to expanding romantic opportunities. Whether you want to spice up a relationship or start a new one, now's the time to act. **EUGENIA LAST**

♌ Leo | July 23-Aug. 22. Changes are happening in the workplace. Sign up for a business course that will help further your goals.

Letters

If Sykes is already so rich, why is he working as a columnist?

Re: 'Column is no place for opinions' (Metro, Aug. 28-Sept. 1) Thank you to letter writer Adam Thompson for calling out columnist Tim Sykes. I'm glad I'm not the only one tired of Sykes' distortions and repetitive "vacation shaming" of the president.

I'm so sick of this phony "millionaire" who for some reason has to pen a column for Metro and run a get-rich-quick website to make ends meet.

RICHARD FEINBERG, VIA EMAIL

Column is perfect place to express opinions

Re: 'Column is no place for opinions' (Metro, Aug. 28-Sept. 1) In response to letter writer Adam Thompson, he has no right to tell anyone where and what they can write about. Mr. Sykes has the right to write about whatever he chooses. I'm sure that Mr. Thompson is an Obama fan, otherwise he wouldn't care what Mr. Sykes wrote about.

PAT DOUGHERTY, VIA EMAIL

letters@metro.us



Keep them as brief as possible, preferably under 100 words. Metro reserves the right to edit all letters. Please include your name and contact info.

Sudoku: Easy and hard

				8	7		2	
				3		5	1	
	1	8					7	
	2	4	3	7				9
		5		4		3		
3				9	2	7	6	
	5					6	4	
	7	2		5				
	4		7	1				

7	6	3	9	5				
	4		6					5
1	8					6	9	
					2			9
	2			3			7	
8			1					
	9	1					3	2
6					5		1	
			1	3	9	4	6	

How to play

Fill in the grid so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

Crossword

Across

- 1 Breezed through
- 5 Photo finish
- 10 Hoarfrost
- 14 Petty of "Tank Girl"
- 15 Bombay nannies
- 16 Unlovely
- 17 "Bloom County" penguin
- 18 Airport vehicles
- 19 Tree trunk
- 20 Jazz enthusiast
- 22 Whipped up
- 24 Autumn flower
- 25 Struck out
- 26 "Miami Vice" cop
- 28 Diner freebie
- 32 Bank transaction
- 35 Yes, in Yokohama
- 37 Portable
- 38 Seine vista
- 39 Elvis recording
- 41 Mark of Zorro
- 42 Only
- 45 Oklahoma town
- 46 Lone Ranger's need
- 47 Swag
- 48 Vortex
- 50 Suitable for farming
- 54 Height, to a cager
- 58 Small devices
- 61 Chant
- 62 "Sting like —"
- 63 Pleats

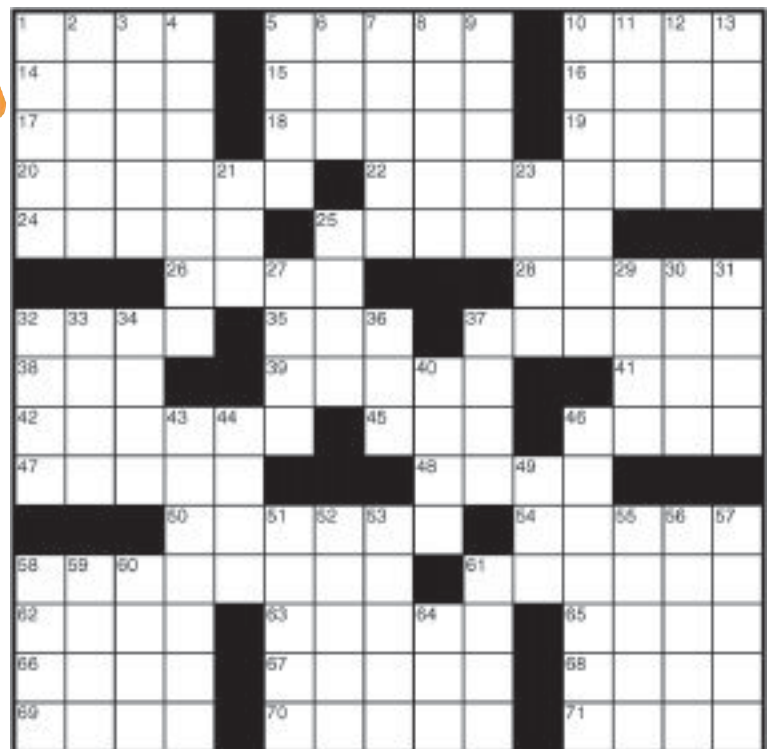
- 65 Wonder Woman's friend
- 66 Ski lift (hyph.)
- 67 Posh hotel lobbies
- 68 Hwys.
- 69 Bronte governess
- 70 Eager and willing
- 71 Antiquity

Down

- 1 Kahuna's hello
- 2 Holds one's own
- 3 Spew ash
- 4 Recognize
- 5 Soda fountain treat
- 6 Jacques' pal
- 7 Florida bay
- 8 Prickle
- 9 City in Germany
- 10 Drumbeat sound (hyph.)
- 11 Borodin prince
- 12 Marseilles Ms.
- 13 Gave the once-over
- 21 Christina's pop
- 23 Coin in Guadalajara
- 25 Farm newborn
- 27 Bok —
- 29 Sphinx site
- 30 Pub pints
- 31 Terrible smell
- 32 Large tree branch
- 33 Kitchen staple



Weekend's answer



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3

SPORTS

Around the Open

It was mostly a day for chalk at the U.S. Open on Labor Day, though a fan favorite was bounced.

- **Serena Williams** continued her march to a third straight U.S. Open with a straight sets win over **Kaia Kanepi**, 6-3, 6-3.
- **No. 11 Flavia Pennetta** had little difficulty with **No. 29 Casey Dellacqua** of Australia, winning 7-5, 6-2. Pennetta faces Williams in the quarterfinals.
- The one upset on the ladies side was **No. 7 Genie Bouchard**, who lost to **Ekaterina Makalova**, 7-6, 6-4.

US Open crowd spurs Djokovic to quarters

U.S. Open. The top seed meets Andy Murray in a match between the last two tournament champions.

Novak Djokovic isn't a native New Yorker, but he sure knows how to use the U.S. Open crowd to his advantage.

Exhibit A came when the Serb faced a set point against his serve in his fourth-round match Monday against Philip Kohlschreiber. The German punched a forehand volley into the open court for an apparent winner, but Djokovic came running into the picture and smacked a forehand cross-court winner to stave off set point. He pumped his



Djokovic was former champion John McEnroe's pick going into this year's Open. / GETTY IMAGES

fists and exhorted the roaring crowd in Louis Armstrong Stadium.

"It was one of the turning points of the match," the top-seeded Djokovic said after his 6-1, 7-5, 6-4 victory over the No. 22 seed in extremely hot, humid conditions. "If you won that point, won the second set, it's pretty even. So it's a big point, and [I] tried to get the crowd engaged."

It was a treat for the fans in Armstrong, some of whom paid just \$68 for a grounds pass to see the

By the numbers

12

Djokovic has yet to lose a set in four matches (12 sets) so far at the U.S. Open.

top seed in a smaller, more intimate stadium than Arthur Ashe.

"Not many matches I have played in the last five years on Armstrong Stadium — which was, before Ashe, the center court of U.S. Open," Djokovic said.

"A lot of history there. It's a great court. So I tried to enjoy the experience."

Now coached by Boris Becker, Djokovic is into his eighth straight U.S. Open quarterfinal and will face No. 8 Andy Murray in a rematch of their 2012 final, which was won by Murray for his first Grand Slam title. Murray advanced by beating No. 9 Jo-Wilfried Tsonga, 7-5, 7-5, 6-4.

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1. Viagra Prescribing Information, Revised January 2010 2. Cialis Prescribing Information, Revised October 2011

3. Levitra Prescribing Information, Revised November 2011 4. European Society for Sexual Medicine (ESSM) Website, downloaded 11/14/12. 5. AMS 700® with MS Pump® Inflatable Penile Prosthesis Instructions for Use (IFU)

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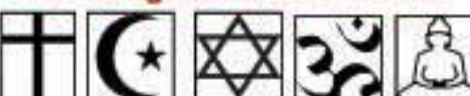
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Beverage Control Law at 258
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Collective LLC.

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Alcohol Beverage Control Law at 41-71
Bowne St, Flushing, NY for on-premises
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Bronx County, for on premise
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